

# The Top House Inn

The Lizard, Helston, Cornwall, TR12 7NQ

## Winter Breakfast Menu

### Good Morning

*from James, Donna and all the team*

We trust you had a good night's sleep and are ready for a hearty breakfast to set you up for the day.

We will take your tea and coffee requirements, main breakfast order and toast requirements at your table.

*Please help yourself to juices, water, cereals, yoghurt and fruit compote*



### Full Cornish Breakfast

*Butchers Pork Sausage, Retallack's award winning Cornish Hogs Pudding, Bacon, Egg (poached, fried or scrambled), Mushrooms, Grilled Tomato & Baked Beans*

### Bacon & Egg Muffin

*A toasted muffin topped with bacon and a fried egg drizzled with maple syrup*

### Cornish Kippers topped with a Poached Egg

*Served with brown bread and butter*

### Poached Eggs on Toast (v)

*Served on buttered toast (white or brown) with a grilled tomato*

### Porridge (v)

*Cooked to order with your choice of milk or water or both served with honey or maple syrup*

### Smoked Salmon & Scrambled Eggs

*Served on an open buttered toasted muffin*



### Allergy/Dietary Advice

**If you have any food or drink allergies or intolerances please talk to a member of staff before placing your order – thank you!**

#### List of Allergens

*Cereals containing Gluten  
Crustaceans  
Fish  
Molluscs  
Lupin*

*Celery & Celeriac  
Eggs  
Peanuts  
Sulphur Dioxide  
Nuts*

*Sesame  
Milk  
Soya beans  
Mustard*